Congratulations,
this EXO™ is yours.

Please read and understand this user handbook before operating this office chair.
Using & Adjusting Your EXO™

**Pneumatic Height Adjustment**
To lower, lift the lever while seated. To raise, lift lever with your weight off the seat.

**Tension Knob**
Turn knob clockwise to increase tension, turn counter-clockwise to decrease tension.

**Arm Height Adjustment**
Pull lever up to raise or lower arm, release to lock.

**Horizontal Arm Adjustment**
Loosen fasteners that secure arms to seat, pull arm out to desired width and re-tighten arms.

**Pivot Arm Pad Adjustment**
(Underneath pad). Push button up to pivot, turn pad to desired position. Release button to lock into position.

**Lumbar Height Adjustments**
Use both hands, while seated to adjust lumbar support pad height to desired position. To adjust lumbar support pad height, pull pad up or push pad down with both hands to ensure even adjustment.

**Synchronous Tilt Lock**
To lock chair in upright position pull lever up and release. To lock chair in recline position push lever down to lowest setting and release. To unlock and allow free float, pull lever up to middle setting and release, chair will unlock when you lean back.
Care Instructions

With regular care and maintenance, your EXO™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning instructions outlined here.

**Mechanism**
Once a year lubricate using WD40 or similar product. (Spray with plastic straw attached to sprayer) NOTE: To prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

**NEBULA™ Mesh**
Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

**Plastic Parts**
To clean, spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

**Frame**
Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

*The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.