24/7 HD
User Handbook

24/7 Series
nightingalechairs.com
Congratulations, this 24/7hd™ is yours.

Please read and understand this user handbook before operating this office chair.
Using & Adjusting Your 24/7hd™

**A** Tension Knob
Turn clockwise to increase tension, turn counter-clockwise to decrease tension.

**B** Seat Depth Adjustment
Loosen hand wheel (do not remove) and slide back to desired position, then re-tighten hand wheel.

**C** Pneumatic Height Adjustment
To lower, lift paddle while seated. To raise, lift paddle with your weight off seat.

**D** Infinite Position Tilt Lock
To lock chair in position, push paddle down, to allow free movement, pull paddle up.

**E** Arm Height Adjustment
Turn clockwise to raise, counter clockwise to lower.

**F** Horizontal Arm Adjustment
Simple finger-tip lever easily allows for horizontal arm adjustment while sitting. To adjust arm width, push lever down, move arm to desired position and pull lever up to lock.

**G** Ratchet Height Adjustable Headrest
Lift headrest to desired position and headrest locks automatically. To lower headrest lift to top position and headrest can then be lowered to lowest position.
Care Instructions

With regular care and maintenance, your 24/7™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning instructions outlined here.

Mechanism
Oil sparingly moving parts once a year with light machine oil.
NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

Fabric
Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

Plastic Parts
To clean, spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

Frame
Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

*The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.

FOR MORE INFORMATION, PLEASE VISIT

www.nightingalechairs.com