







nightingalechairs.com

# User Guide Adjustments





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To adjust arm height, pull upwards on arm pad. Keep pulling until desired height is reached. To lower, pull arm pad to maximum height to unlock arm height and then lower to lowest height to reset. To adjust arm pivot, press button under arm pad and turm pad inwards or outwards to desired position. Release to lock. To adjust arm width, pull arm outwards from bottom of arm.



To adjust tilt lock, pull lever up, tilt chair to desired angle and push lever down to lock.



To lower, pull the lever while seated. To raise pull lever up with all weight off the seat.



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# User Guide Adjustments





### D TENSION CONTROL

Turn knob clockwise to increase tension, turn counter-clockwise to decrease tension.



SEAT SLIDE

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To adjust seat depth, pull lever up to and with your weight off seat, move seat to desired depth. Release to lock position.



### RATCHET BACK HEIGHT

To adjust back height, pull back up to desired height and release to lock. To lower back height, pull back up until it reaches the maximum height and then allow it to lower to lowest setting.



#### G SELF-ADJUSTING BACK

Built-in spring system, self-adjusts to shape and size of user's back, causing lumber support to automatically move outwards to support lower lumbar area of the user.



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