

Quality is not an act,  
it is a habit...

The Nightingale ShermanHd™  
is 69% Recyclable

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## How To Care For Your ShermanHD™

With regular care and maintenance, your ShermanHD™ will provide you with superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning and maintenance procedures outlined here.

### Mechanism

Oil sparingly moving parts once a year with light machine oil.  
NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### Fabric

Clean with mild detergent and water applied with a damp clean cloth or sponge. Rinse with water. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

Clean with mild detergent and water. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs  
Toll-Free Phone: 1.800.363.8954  
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## User Guide Instructions



ShermanHD™



MODEL HD9000 Series



69%  
RECYCLABLE

# Congratulations On Purchasing Nightingale's ShermanHD™

Please read and understand this user guide with instructions before operating this office chair.



## How To Use and Adjust My ShermanHD™



**A. Tension Knob**  
Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



**B. Arm Height Adjustment**  
Turn knob clockwise to raise, counter-clockwise to lower.



**C. Seat Depth Adjustment**  
Loosen hand wheel (do not remove) and slide back to desired position, then re-tighten hand wheel.



**D. Lumbar Support**  
Built into back for increased comfort and support.



**E. Fold Away Arms**  
Lift arm at arm pad and push backward to move arm out of way. To put back lift arm and drop back onto bracket.



**F. Seat Height Adjustment**  
To lower, lift paddle while seated. To raise lift paddle with weight off seat.



**G. Arm Width Adjustment**  
To adjust arm width, loosen hand wheel (do not remove) move arm to desired position and re-tighten hand wheel.



**H. Infinite Position Tilt Lock**  
To lock chair in position, push paddle down. To allow free movement, pull paddle up.



**I. Adjustable Foot Ring**  
To loosen, turn wheel counter-clockwise and move ring to desired height, turn wheel clockwise to tighten.



Office  
Chairs

## PASS IT ON!

Our customers often tell us their friends stop and ask about their **ShermanHD™** If this happens to you, please give your friend this card so they can learn more about our chairs.

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