

Quality is not an act,  
it is a habit...

The Nightingale VXO™  
is 77% Recyclable

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## How To Care For Your VXO™

With regular care and maintenance, your VXO™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

### Mechanism

Once a year lubricate using WD40 or similar product. (Spray with plastic straw attached to sprayer) **NOTE:** To prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### NEBULA™ Mesh

Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

To clean spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs  
Toll-Free Phone: 1.800.363.8954  
Fax: 1.800.637.6784  
Website: [www.nightingalechairs.com](http://www.nightingalechairs.com)  
Email: [info@nightingalechairs.com](mailto:info@nightingalechairs.com)



SCAN this QR Code To Learn  
More About How To Use  
This VXO™ Chair.

## User Guide Instructions



MANUFACTURING CONTRACT OFFICE CHAIRS SINCE 1928

VXO™



MODEL 7280  
SHOWN



77%  
RECYCLABLE



# Congratulations On Purchasing Nightingale's VXO™

Please read and understand this user INSTRUCTION guide BEFORE operating this office chair.

## How To Use and Adjust My VXO™



**A. Pneumatic Height Adjustment**  
To lower, lift the lever while seated. To raise, lift lever with your weight off the seat.



**B. Swivel-tilt mechanism**  
With a single position lock or optional multi-tilt lock mechanism. Pull lever out to unlock, push lever in to lock.



**C. Tension Knob Control**  
Turn knob clockwise to increase tension, turn counter-clockwise to decrease tension.



**D. Height Adjustable Arms**  
With polyurethane arm pads for comfort. Push button to raise or lower arm, release to lock.



**E. Lumbar Height Adjustment**  
Use both hands, while seated to adjust lumbar support pad height to desired position. To adjust lumbar support pad height, pull pad up or push pad down with both hands to ensure even adjustment.



**NEBULA™ Mesh Backing**  
Dual polyester stretch mesh inter woven with a 4 way stretch fabric that provides a solid appearance. Air is still allowed to pass freely making it comfortable in all climates.



**\*OPTIONAL Multi-tilt Lock Mechanism**  
Pull lever out to unlock, push lever in to lock. Locks in 4 positions.



**\*OPTIONAL Aluminum Base**  
5 prong heavy duty base. Other base options are the soft tile casters and 3" carpet casters.



**\*OPTIONAL ENERSORB™**  
Energy absorbing dual seat foam reduces sitting fatigue by minimizing pressure points and increasing blood circulation.



Office  
Chairs

### PASS IT ON!

Our customers often tell us their friends stop and ask about their VXO™. If this happens to you, please give your friend this card so they can learn more about our chairs.

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