

Quality is not an act,  
it is a habit...

The Nightingale Ergo-Learn™  
is 67% Recyclable

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## How To Care For Your Ergo-Learn™

With regular care and maintenance, your ERGO-LEARN™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

### Mechanism

Oil sparingly moving parts once a year with light machine oil.  
NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### Fabric

Clean with mild detergent and water applied with a damp clean cloth or sponge. Rinse with water. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

Clean with mild detergent and water. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs  
Toll-Free Phone: 1.800.363.8954  
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User Guide Instructions



MANUFACTURING CONTRACT OFFICE CHAIRS SINCE 1928

# Ergo-Learn™



MODEL 3280 Series



67%  
RECYCLABLE

# Congratulations On Purchasing Nightingale's ERGO-LEARN™

Please read and understand this user guide with instructions before operating this office chair.



[ MODEL ERGO-LEARN 3280 ]

## How To Use and Adjust My Ergo-Learn™



**A. Back Height Adjustment**  
Turn knob counter-clockwise to loosen, lift or lower chair back to desired lumbar position and re-tighten.



**B. Back Angle Adjustment** While seated, pull paddle up, when desired angle is achieved push paddle down to lock.



**C. Pneumatic Height Adjustment**  
To lower, lift paddle while seated. To raise, lift paddle with your weight off seat.



**D. Infinite Seat Angle Lock**  
Lift up to determine seat angle. To lock seat in desired angle, push down.



**E. Forward Tilt** Lean back in chair and roll or pull lever back for forward tilt, push or roll lever forward for straight position.



**F. Seat Slider** Pull lever bar up to unlock, move seat to desired position, release lever to lock into position.



**G. Arm Height** Push button up move arm up and down 4".



**H. Adjustable Arm Width** To adjust arm width, loosen hand wheel (do not remove), move arm to desired position and re-tighten hand wheel.



**I. Back Tension Knob** Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



Office  
Chairs



## PASS IT ON!

Our customers often tell us their friends stop and ask about their Ergo-Learn™ If this happens to you, please give your friend this card so they can learn more about our chairs.

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