

Quality is not an act,
it is a habit...

The Nightingale 24/7hd™
is 72% Recyclable

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How To Care For Your 24/7hd™

With regular care and maintenance, your 24/7hd™ will provide many of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

Mechanism

Oil sparingly moving parts once a year with light machine oil. NOTE: to prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

Fabric

Clean with mild detergent and water applied with a damp clean cloth or sponge. Rinse with water. Never use hot water and avoid scrubbing. Use gentle movements.

Plastic parts

Clean with mild detergent and water. Do not use abrasives or excessive amounts of cleaner.

Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



Nightingale Office Chairs
Toll-Free Phone: 1.800.363.8954
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User Guide Instructions



MANUFACTURING CONTRACT OFFICE CHAIRS SINCE 1928

24/7hd™



MODEL 24/7hd Series



72%
RECYCLABLE

Congratulations On Purchasing Nightingale's 24/7hd™

Please read and understand this user guide with instructions before operating this office chair.



[MODEL24/7hd-HR]



[MODEL24/7hd]

How To Use and Adjust My Ergo-Learn™



A. Tension Knob
Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



B. Seat Depth Adjustment
Loosen hand wheel (do not remove) and slide back to desired position, then re-tighten hand wheel.



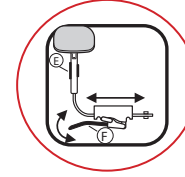
C. Pneumatic Height Adjustment
To lower, lift paddle while seated. To raise, lift paddle with your weight off seat.



D. Infinite Position Tilt Lock
To lock chair in position, push paddle down, to allow free movement, pull paddle up.



E. Arm Height Adjustment
Turn clockwise to raise, counter clockwise to lower.



F. Horizontal Arm Adjustment
Simple finger-tip lever easily allows for horizontal arm adjustment while sitting. To adjust arm width, push lever down, move arm to desired position and pull lever up to lock.



G. Ratchet Height Adjustable Headrest
Simply lift headrest to desired position and headrest locks automatically. To lower headrest lift to top position and headrest can then be lowered to lowest position. From the lowest position the headrest can be reset as required. **Headrest Feature Available on Model 24/7hd-HR.**



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