

## How To Care For Your CXO™

With regular care and maintenance, your CXO™ will provide many years of superior performance and satisfaction. To maintain the quality of your Nightingale product, please follow the cleaning procedures outlined here.

### Mechanism

Once a year lubricate using WD40 or similar product. (Spray with plastic straw attached to sprayer) **NOTE:** To prevent dripping, avoid over lubrication which may cause damage to surrounding surfaces.

### ABLEX™ Mesh

Clean with mild detergent and water applied with a clean damp cloth or sponge. Rinse with a damp (water) cloth and let dry. Never use hot water and avoid scrubbing. Use gentle movements.

### Plastic parts

To clean spray with a mild detergent and wipe off using a damp (water) cloth. Do not use abrasives or excessive amounts of cleaner.

### Frame

Powder coat frames can be cleaned by wiping with a damp cloth and any mild detergent.

\* The instruction for the care and maintenance of Nightingale Products are provided to you as a service. No warranty is implied since results may vary.



SCAN this QR Code To Learn  
More About How To Use  
This CXO Chair.



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## CXO User Guide Instructions 6200 Series



MODEL 6200D  
SHOWN



Made in a 100% waste  
free manufacturing facility.

ISO 14001 & ISO 9001 Certified  
TB117-2013 compliant

94%  
RECYCLABLE

**Nightingale**

Since 1928

# Congratulations On Purchasing Nightingale's CXO™

Please read and understand this user INSTRUCTION guide BEFORE operating this office chair.



## How To Use and Adjust My CXO™



### A. Pneumatic Height Adjustment

To lower chair, rotate the paddle counter clockwise while seated. To raise chair rotate the paddle counter clockwise with no weight on the seat.



### B. Seat Slider

LIFT lever bar up to unlock, move seat to desired position, release lever to lock into position.



### C. Infinite Tilt Lock

To lock chair in desired position rotate the paddle clockwise. To unlock chair for free movement rotate paddle counter clockwise.



### D. Tension Knob

Turn clockwise to increase tension, turn counter-clockwise to decrease tension.



### E. Arm Height Adjustment

To raise or lower arm height, pull trigger up and move to desired position. Release trigger to lock into position.



### F. Horizontal Arm Adjustment

Pull arm out from seat to desired position from bottom of arm, for increased width. Push arm in to decrease width.



### G1. Arm Pivot Adjustment

(Front button on side of pad) Push button in to pivot, release button to lock into position.

### G2. Arm Pad Front To Back Adjustment

(Back button on side of pad) Push button in to move to desired position, release button to lock into position.



### H. Lumbar Adjustment

Move lumbar inwards to desired depth for increased lumbar support. Press button down to release or decrease support. To raise, lift lumbar to desired height and release. To lower lumbar, lift to top position.



### I. Height & Angle Adjustable Headrest

Pull headrest up or down, while seated, to desired height. To pivot angle to desired position, tilt headrest backward.

*Headrest Feature Available Only On The 6200D CXO Version.*